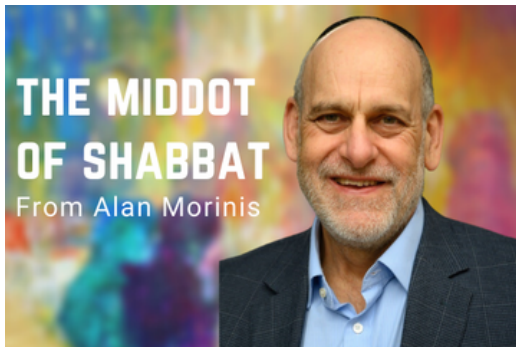




Coming Soon for All Levels of Mussar Students



THE MIDDOT OF SHABBAT - for All Students

This new course, written and led, live and in-person, by Alan Morinis, is designed to help you connect and deepen weekly Shabbat practices with the study of *middot* (character traits) in a Mussar perspective. The course will run for 18 weeks, with eight, one-hour webinars every other week. Alan will also moderate a discussion forum. For *Chaverim*, Alan will offer eight, weekly *beit midrash* style webinars. [MORE](#)



ALEI SHUR - for Advanced Students

This is a new text-study course from Avi Fertig. The source text is Rav Shlomo Wolbe's *Alei Shur*. This focus will provide skills for text-based study in original Hebrew as Shlomo Wolbe's work has not been translated to English. In this way, students who have also completed either *Yesod* or *Manchim*, will be prepared to lead *va'adim* and teach for TMI. [MORE](#)



SACRED PARENTING - for Individuals or Couples

This course, from Anthony and Carly Knopf, is for parents of school-age children and is designed to help you clarify the goals of your role as a parent and align your practices with those goals. The course will take you to a deeper understanding of key *middot* as they are understood in Mussar sources, and present practices to nurture these *middot* in our children. [MORE](#)



THE WOMEN'S VA'AD - for Intermediate Women

The Women's *Va'ad* is based on the teachings of Rebbetzin Dina Schoonmaker of Jerusalem and is limited to ten participants. You'll meet with your facilitated *va'ad* and *chevruta* weekly, and listen to the Rebbetzin's recordings. Each of the Rebbetzin's lessons ends with a monthly practice (*kabbalah*), which becomes your focus for the month. [MORE](#)



MUSSAR IN ACTION - for Intermediate +

A Course with Steve Chervin or Rabbi Chasya Uriel Steinbauer
This course, for intermediate and advanced Mussar students addresses the question: How can one sustain learning? Rabbi Yisrael Salanter and Rabbi Moshe Chaim Luzzatto saw this challenge. You will engage in a project with other people that will be, in effect, your Mussar in Action. [MORE](#)



CHABURAH - for Intermediate +

Chaburah focuses on *middot* with a negative valence, which builds a bridge to the “positive.” You’ll cultivate a sharpened awareness of the play of inner traits which provides both the opportunity and strength to exercise choice. The course focuses on one *middah* per month: anger, impatience, stinginess, ingratitude, worry, envy, laziness, judgment, falsehood, arrogance, stubbornness, sorrow. [MORE](#)



LIVE FROM JERUSALEM - for Intermediate +

Rabbi Dovid Nussbaum returns for his popular series. For the past ten years, Rav Nussbaum has delivered a weekly *va'ad* in Rav Wolbe’s Beit HaMussar (Study Hall dedicated to Mussar study) in Jerusalem. Now, we are able to make this experience available exclusively to our Mussar students. A student of Rabbi Shlomo Wolbe z’tl, Rav Nussbaum remained with him until his passing in 2005. [MORE](#)



PATHWAY TO THE INNER LIFE - Beginner +

Pathway to The Inner Life is a course in three parts, each eight weeks long, and intended to be taken sequentially. Part I: Connecting Self and Soul, introduction by Alan Morinis. Part II: Transforming Relationships, introduction by Rabbi Amy Eilberg. Part III: Engaging the Divine Presence, introduction by Avi Fertig [MORE](#)

Register: [Mussarinstitute.org/courses-coming-soon/](https://mussarinstitute.org/courses-coming-soon/)

Questions: Contact Rivka Felsher: Rivka@mussarinstitute.org