

# **SUMMER 2023!**

Five Group (Va'ad) Sessions +
Four Partner (Chevruta) Sessions.
Chevruta Sessions meet in off weeks.

### Va'ad Sessions

Wednesdays, 1:00 - 3:00 p.m. ET

June 14 (\*1:00 - 3:30 p.m. ET) June 21 July 12 July 25 August 9 (\*1:00 - 3:30 p.m. ET)

### **Tuition**

The cost for this training is \$36. In addition to this fee, we expect participant to commit to attending all five live sessions, meeting with their *chevruta*, and having a strong cohort of teens ready to facilitate the curriculum with in the coming year.

## **Please Apply Here**

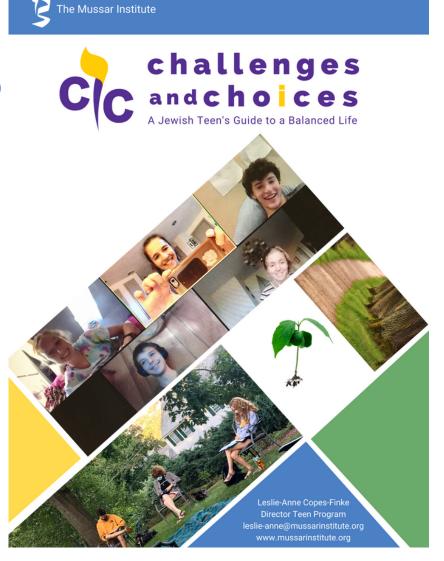
### **Learn More**

Please visit our website at <a href="https://www.mussarinstitute.org/challeng">www.mussarinstitute.org/challeng</a>
<a href="mailto:es-choices-teens">es-choices-teens</a> or contact
<a href="mailto:Leslie-Anne Copes-Finke">Leslie-Anne Copes-Finke</a> at
<a href="mailto:leslie-anne@mussarinstitute.org">leslie-anne@mussarinstitute.org</a>
or call 617-947-0423.

www.mussarinstitute.org



# The Mussar Institute Presents TEEN PROGRAM MUSSAR FACILITATION TRAINING A SERIES FOR JEWISH EDUCATORS



Give teens in your community practical skills drawn from the Jewish tradition of Mussar, offering valuable lifelong tools to manage the challenges and choices they face every day, all while cultivating a deep sense of balance, gratitude, and joy.

"Teen life can often be complicated, stressful, and isolating. The essence of Mussar is to practice self-reflection, to build bonds and foster the support of a spiritual community, and to process experiences in a safe and sacred space created together – processes that serve well in all of life."

- Alan Morinis, Founder, The Mussar Institute

"This training gives you everything you need to bring Mussar to teens and to improve your own practice."

- Elizabeth Fagin, Educator, Seattle, WA

"The training program is wonderful and inspiring...and has truly prepared me to confidently guide my students on the path of Mussar. I am so excited to bring this course to my class so that the teens begin their own Mussar journey."

- Pauline Rosenberg, Educator, Rochester, NY

- Learn strategies to facilitate Mussar for teens.
- Become familiar with TMI's Challenges & Choices curriculum.
- Expand and deepen your personal Mussar practice.
- Experience facilitating in our va'ad (spiritual learning group).
- Connect with fellow teen facilitators.



Leslie-Anne Copes-Finke is Director of Teen Program for The Mussar Institute (TMI), a member of the Board of Directors, and an active teen facilitator in Belmont, MA. Leslie has served as a consultant for Greater Boston's Jewish Federation, as Vice-Chair of the URJ Community Leadership Team, and has held leadership and fundraising positions at not-for-profit organizations in Boston and New York. Leslie is the proud mother of three young adults and a past president at her synagogue. With a deep love for Judaism, Leslie is passionate about bringing Mussar to life with teens, hoping to spark an inner light and open entrances to holiness in the next generation of Jews.