



# Ruach Chaim Living with Spirit Lifting Up our Lives in Trying Times

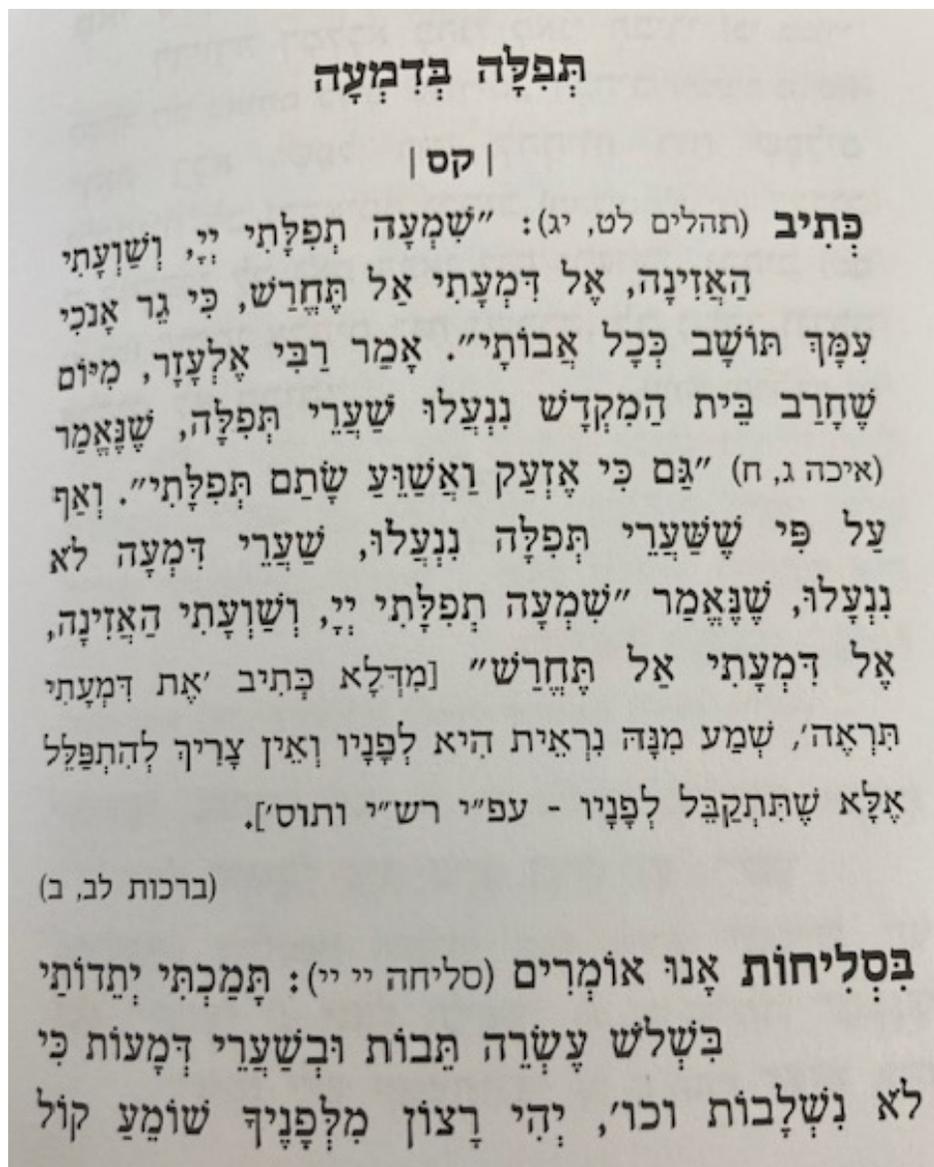
Mussar Gathering - January 26, 2025

## Cry, But Prevent the Tears of Others

By Rabbi Tzvi Hersh Weinreb

### I. Introduction: the power of tearful prayer

Source text: Talmud Berachot 32b and Selichot prayer





## Ruach Chaim Living with Spirit Lifting Up our Lives in Trying Times

Mussar Gathering - January 26, 2025

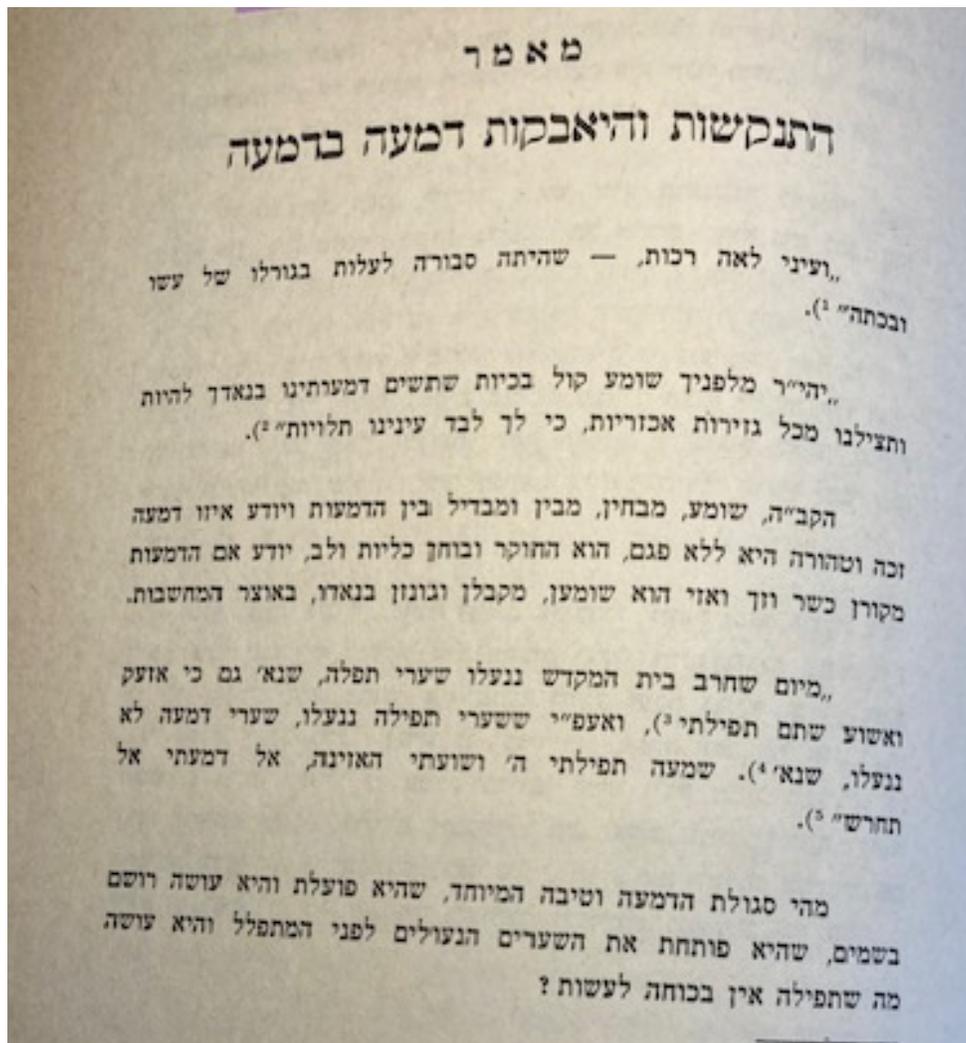
### II. Yosef cried copiously. Did his brother ever cry?

Source texts: *Bereishit/Genesis* 42:24; 43:30; 45:2; 45:14; 46:29; 50:1; 50:17.

### III. The Role of Emotion in Prayer

### IV. Beware of the Tears of Others

Source text: Rabbi Chaim Zeitchik, a Novarodik Mussar Master, *Ohr Chadash*, the collected writings of R. Zeitchik, essay to *Parashat Vayeitzi*





Ruach Chaim Living with Spirit  
Lifting Up our Lives in Trying Times

Mussar Gathering - January 26, 2025

